

Janet Clare

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Runner Duck Pattern

Appliqué with machine drawn embroidery

Materials List

- Fabric scraps for runner duck, background and borders
- Bondaweb
- Wadding
- Contrasting colour thread for machine quilting

Instructions

1. Prepare the fabric: Cut out the five pattern pieces (opposite) then select and cut your fabric scraps approximately to size.
2. Transfer the pattern: Iron Bondaweb to the reverse side of the fabric. Reverse each shape and draw round it onto the Bondawebbed fabric (Figure 1).

Before you cut the fabric pieces, double check that they will all face the right way once ironed down.

3. Make the duck: Cut out the pieces and remove the paper backing from the Bondawebbed shapes. Position your duck pieces very carefully on your background fabric, and then press them in place with a hot iron (Figure 2). I generally use my Clover mini iron for this.

You can machine draw directly onto the fabric as it is now, or you can add the wadding or interfacing. However, I don't like to machine draw through a quilt sandwich of three layers – it doesn't look neat on the back.

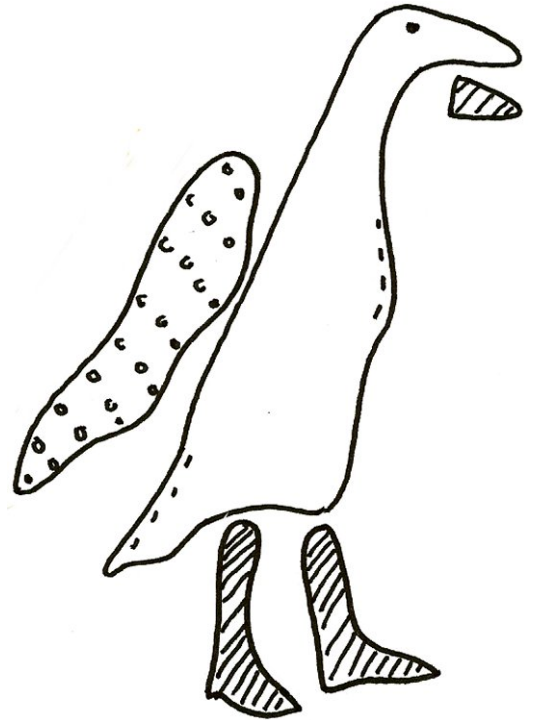


Figure 1



Figure 2

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4. Machine quilt the detail: Use thread in a contrasting colour. Set your machine for free motion quilting. On my Pfaff this entails:

- lowering the dogs/teeth
- using the darning foot
- setting the stitch length to zero

Now, be confident, put your foot down and go for it! Remember that you have to move the fabric and control the length of the stitches, and that just because the machine is going fast, it doesn't mean that you have to! Machine draw round the outside of the appliqué shapes and add as much detail as you dare!

5. Finishing off: Darn in the ends and add quilting, embroidery and borders to complete your runner duck picture.

